## Diabetes Center

The Diabetes Center at MidMichigan Medical Center—Midland is a team of diabetes nurse educators, dietitians, podiatrists and endocrinologists ready to assist you in achieving the best possible diabetes control for your patients. We offer both patient and professional education, including the following:

- One-on-one consultations with the diabetes nurse and dietitian
- Small group education classes for patients on diet, oral medications, insulin and pre-diabetes
- Foot Clinic, staffed by podiatrists and diabetes nurse educators
- Insulin Pump Clinic, visits with the nurse, dietitian and endocrinologist
- Free education series for adults and pump users
- Blood sugar screenings
- Community Diabetes Expo in November
- Staged Diabetes Management: Clinical Practice Guidelines to Guide Decision Making

# Planning Committee

- Loabat Amiri, M.D.
- Jill Chambers, R.D., C.D.E.
- Maxine Guettler, R.N., B.S.N., C.D.E.
- Julie Hart, CME Coordinator
- Mary Jane Hoshaw, M.S., R.D.
- Madhura Mansabdar, M.D.

# Overview and Objectives

Effective diabetes management and education requires a blend of knowledge of the treatment options and the ability to empower patients to successfully manage their disease on a day-to-day basis.

The symposium will communicate the latest research and clinically proven therapies for diabetes management, with examples and case studies for application within practice settings.

Following this symposium, participants should be able to:

- Apply current treatment guidelines for the management of patients with type 2 diabetes with an increased awareness of medication treatment controversies related to safety and efficacy.
- Describe the key steps to identify early diabetic nephropathy and apply guidelines for aggressive management.
- Describe the relationship between obesity, diabetes and insulin resistance and increase understanding of medical management options to treat obesity and prevent diabetes.
- Explain how to overcome barriers to identifying and providing medical management for CV risk factors.
- Discuss options for medical management of patients with diabetes and CVD to meet combined American Diabetes Association goals for glycemia, lipids and blood pressure.
- Identify barriers to achieving cardiovascular risk reduction and strategies to address these barriers.

32<sup>nd</sup> Annual

# Valley Diabetes Symposium



Thursday, April 25, 2013

The H Hotel
Conference Center
Downtown Midland

**MidMichigan** Health

4000 Wellness Drive Midland, Michigan 486

MidMichigan Health

## Schedule

8 a.m.	Registration
8:30 a.m.	Welcome
8:35 a.m.	Management of Hyperglycemia in Type 2 Diabetes: A Patient-Centered Approach
	<b>Etie Moghissi, M.D., F.A.C.E.</b> University of California, Los Angeles
9:40 a.m.	Diabetic Kidney Disease: Early Diagnosis and Aggressive Management are Key
	<b>Robert Stanton, M.D.</b> Joslin Diabetes Center
10:45 a.m.	Exhibits / Break
11:15 a.m.	New Options for Medical Management of Obesity: Role in Prevention and Treatment in Diabetes
	<b>W. Timothy Garvey, M.D.</b> University of Alabama, Birmingham
12:20 p.m.	Lunch / Exhibits
1:10 p.m.	Diabetic Dyslipidemia – An Interactive Case Study
	<b>David J. Strobl, D.O.</b> Michigan State University
2:15 p.m.	Cardiovascular Risk Factor Management in Diabetics
	<b>David J. Strobl, D.O.</b> Michigan State University
3:20 p.m.	Evaluations

#### Attire

For your comfort, please dress in layers so that you are able to adjust to the conditions in the lecture hall and lobby.

#### Location

This program will be held at:

The H Hotel Conference Center 111 W. Main Street Midland, Michigan 48640 Phone (989) 839-0500

#### **Directions:**

Traveling westbound on US 10

Take Business 10 to Downtown Midland. Turn left on Ashman, then 4 blocks.

From US 27 (South of Clare)

Take M-20 East to Downtown Midland. Turn right at Main Street, then 1 block.

Traveling eastbound on US 10 (From Clare & North)

Exit on Eastman Avenue (Business 10). Go south 3 miles to Ashman. Right on Ashman, then 4 blocks.

# Faculty

**Etie Moghissi, M.D., F.A.C.E.** University of California, Los Angeles

Robert Stanton, M.D.

Joslin Diabetes Center

**W. Timothy Garvey, M.D.**University of Alabama, Birmingham

**David J. Strobl, D.O.**Michigan State University

# Acknowledgments

We sincerely appreciate the support given by our exhibitors, who play a large role in making this symposium possible. We urge participants to visit each booth, taking note of the products and services displayed. Displays of commercial products do not imply approval or endorsement by MidMichigan Health.

This symposium is being funded in part by educational grants from Bristol Myers Squibb and NovoNordisk.

# Speaker Disclosure

In accordance with the ACCME Standards of Commercial Support and MidMichigan Health's policies, individual presenters are requested to disclose if they have a relationship which, in the context of their presentation, could be perceived as a real or apparent conflict of interest, even if they do not consider that it will influence their presentation.

#### Accreditation

MidMichigan Medical Center—Midland is accredited by the Michigan State Medical Society to provide continuing medical education for physicians.

MidMichigan Medical Center—Midland designates this live activity for a maximum of 5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

 $\label{eq:continuing} \textbf{Registered Dietitians}-6.0 \text{ credit hours of continuing education} \\ \text{have been approved for registered dietitians.}$ 

Participants must attend the entire program and complete an evaluation to receive contact hours.



The College of Pharmacy, Ferris State University is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmaceutical education. ACPE Universal Program Number Pending.

This knowledge-based program, in its entirety, has been approved for 5 hours of continuing education credit (0.5 CEUs) in states that recognize ACPE approved providers. To receive credit for the program, participants must complete a post test and achieve a 70% score.

# Registration

Advanced registration is required. Valley Diabetes Symposium handouts and lunch cannot be guaranteed for walk-in registrants.

Registration deadline: Monday, April 15, 2013 Cancellations must be made by: Thursday, April 18, 2013

Participants will receive a confirmation of registration and payment.

### Register by mail, fax or phone

To register, send your completed form

By mail to: MidMichigan Health Line

4000 Wellness Drive

Midland, Michigan 48670

By fax to: (989) 839-1394

Or call MidMichigan Health Line at (989) 837-9090

# or toll-free at **(800) 999-3199**.

MidMichigan Physicians	Prepaid
Other Physicians	\$105
Other Health Professionals	\$80
MidMichigan Employees	\$60
Residents/Students	\$45

Fee includes breakfast, lunch and conference materials

#### Please circle your profession:

M.D.	D.O.	R.N.	R.D.	P.A.	N.P.	Pharmacist	
Other_							
Name _							
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\*Please make check payable to MidMichigan Medical Center-Midland

#### For Employee Transfer of Funds:

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MidMichigan Cost Center
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